



RELEASE AND WAIVER

To: The Lakeshore Arms Academy Incorporated
AND TO: The Board of Directors, Shareholders & Members Thereof

The undersigned hereby acknowledges and confirms his/her understanding that there are certain risks inherent in the use of the equipment and facilities of the fore-mentioned organization and agrees that upon his/her usage of the same that he/she shall be considered to have voluntarily assumed the risks associated therewith. The undersigned in consideration for the sum of _____ paid by him/her the receipt and sufficiency whereof is hereby expressly acknowledged agrees to release, remise, and forever waive any and all claim or right of action against Lakeshore Arms Academy Incorporated, its Board of Directors, Shareholders, and Members resulting from damage or loss to the undersigned's person or property however caused and further acknowledges and agrees to indemnify and save Lakeshore Arms Academy Incorporated, its Board of Directors, Shareholders, and Members from any and all costs or claims for which it may be found liable as a result of the actions and/or inaction of the undersigned and accordingly this release and waiver once signed may be referred to so as to estop the undersigned from asserting such claim.

The undersigned hereby acknowledges and confirms his/her understanding of the above agreement.

DATED AT _____, Ontario this day of _____,
20__.

SIGNED, SEALED AND DELIVERED)
IN THE PRESENCE OF) _____
)

Witness